

# Grayson Manning

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## OBJECTIVE

A position in the sports and exercise field that will allow me to utilize my communication and leadership skills and complement my educational background.

## SUMMARY

A highly motivated, creative and personable team player with strong initiative, problem solving skills, and self confidence. Capable of grasping new concepts quickly and managing multiple priorities in a fast paced environment. Dependable and responsible. Willing to accept new challenges.

## EDUCATION

### **Manchester Community College, Manchester, CT**

Enrolled in Associates in Science Degree program, Sports & Exercise Studies

*Related Coursework: Principles and Practices of Coaching, Principles of Sociology, Intro. to Physical Education, Intro. to Recreation and Leisure Studies, Intro. to Wellness, Intro. to Nutrition, Principles of Fitness, General Psychology, Intro. to Athletic Training, Physical Fitness & Exercise, Weight Training, Effective Speaking*

## WORK EXPERIENCE

### World Cup Soccer Club, Hartford, CT

#### **Coach**

**2004 – present**

- Work with youth ages 4 – 9 on developing fundamental skills of the game
- Provide leadership and guidance during games and tournaments

### HARC (Greater Hartford Association for Retarded Citizens), Hartford, CT

#### **Coach/Camp Counselor**

**2004 – present**

- Assist adults ages 19 – 34 with maintaining physical health by coordinating activities and exercises related to the game of soccer and encouraging participation
- Work with teens ages 16 – 20 to develop basketball skills and fundamentals
- Helped adult group prepare for Special Olympic Games (team won silver medal)
- Completed CPR and First Aid training

### Manchester Community College (Great Path Academy), Manchester, CT

#### **Trainer**

**Fall 2005**

- Taught high-school seniors rules of soccer and related fitness exercises

### Bertucci's, West Hartford, CT

#### **Host/Guest Services**

**2002 – 2004**

- Greet and seat customers in a fast paced restaurant environment
- Responsible for Take-Out orders and manage cash/credit transactions